

# THE HUMBLE PATH TO HAPPINESS

Sermon Series: *The Habits of Happiness (Philippians)*

Philippians 2:1-11

**MY HAPPINESS SHOULD BE DRIVEN BY MY HABITS NOT MY CIRCUMSTANCES.**

## **HOW TO MAINTAIN HARMONY**

4 Ways To Maintain Harmony

❶ NEVER LET YOUR PRIDE BE YOUR GUIDE.

*(Phil 2:3a, James 3:16, Galatians 5:19-21)*

❷ BE HUMBLE, OR YOU'LL STUMBLE.

*(Phil 2:3b, James 4:6)*

❸ LEARN THE LOST ART OF PAYING ATTENTION.

*(Phil 2:4, Luke 9:23)*

❹ ASK WHAT WOULD JESUS DO?

*(Phil 2:5-8)*

✓ *I don't demand what I think I deserve.*

✓ *I look for ways to serve.*

✓ *I do what's right even if its painful.*

Current Series: The Habits of Happiness (Philippians)  
The Humble Path to Happiness\_3-by Pastor Jesse Elizondo (10/25/15).

# REALife Application

**QUICK REVIEW** - Looking back over your sermon notes, which particular point or passage of Scripture most challenged, confused or caught your attention?

1. Open your Bible and read Philippians 2:1-11. What two essential behaviors are discussed in these verses that are at the root of happiness? What specifically did Jesus do that exemplified these behaviors? How many examples did you find?
2. What are the four different kinds of harmony identified in Philippians 2.2 above? Discuss in your group which of these you find easy to embrace in your relationships and how you feel about them. Which ones do you have a more difficult time with? Can you get some ideas from others in your group on how you could more easily develop these?
4. Read Philippians 2:3b above and think about what is meant by “giving more honor to others than to yourself.” If you went through a full day with this as the “theme of your day,” would you do anything different? Would your interactions with others be different? When someone shows that they value you, how do you respond to them?
5. How has God the Father exalted Jesus according to Philippians 2:9-11 above?
6. What effect does our full realization of Christ’s eternal position in heaven have on our beliefs and actions on earth today? What will our reward on earth and in heaven be for this?

## **Diving Deeper (optional)**

1. Finding happiness requires us to be humble and focused on others, counter to our culture and Satan’s prideful boasting as shown in the verse above from Isaiah. This is not a new cultural problem. Can you think of any small things in your life that mirror the sentiments in this verse? Does it surprise you? How do you feel about it?
2. Jesus modeled harmony and humility. Describe how you will model these in your life. What makes this difficult?

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❸ LEARN THE LOST ART OF \_\_\_\_\_.  
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❹ ASK WHAT WOULD \_\_\_\_\_?  
*(Phil 2:5-8)*

✓ *I don't demand what* \_\_\_\_\_.

✓ *I look for ways* \_\_\_\_\_.

✓ *I do what's right* \_\_\_\_\_.

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